

Community Action of Eastern Iowa Head Start
3-5 School Readiness Goals

Parent Copy

Three to five year old school readiness goals are based on five areas. These areas include:

Approaches to Learning: Noticeable actions that show us the way your child becomes engaged in interactions with other children and in their own learning experiences.

Cognition and General Knowledge: How children understand and apply what they know in Social Studies, Science, Math, Logic and Reasoning, and Literacy.

Language and Literacy: The skills your child has to communicate with others and to understand what is being said to them. Also, the knowledge and skills for reading and writing.

Physical Development: The over-all physical well-being of your child. The use of their body, muscle control, and healthy habits.

Social and Emotional Development: The ability for your child to make and keep positive relationships with adults and other children. Also, how your child controls their emotions and behaviors.

Approaches to Learning Goals:

- Children will engage in a variety of musical and rhythmic experiences.
- Children will engage in dramatic play experiences.
- Children will explore various art materials and what they are able to do with those materials.
- Children will demonstrate skills (initiative, curiosity, imagination, persistence) necessary to explore the world around them.
- Children will utilize skills learned to problem solve to achieve desired results.

Cognition and General Knowledge Goals:

- ***Social Studies Knowledge and Skills:*** Children will demonstrate an understanding of their own body and awareness in the world around them and their role in the community.
- ***Science Knowledge and Skills:*** Children will interact with their natural environment and materials and use their senses to explore and gather information.
- ***Mathematics Knowledge and Skills:*** Children will have an understanding of basic math concepts such as color and shapes and an understanding of beginning concepts of quantity, math vocabulary, and sorting/comparing/patterning.
- ***Logic and Reasoning:*** Children will demonstrate the ability to use a variety of problem solving strategies to ask, predict, explain, and draw conclusions and create and attach meaning to an object or idea.

Language and Literacy Goals:

- Children will show interest in reading and demonstrate comprehension skills, have a general knowledge of emerging literacy skills such as letter recognition and corresponding letter sounds, show general book and print awareness, and demonstrate early writing skills.
- Children will demonstrate increasingly complex receptive and expressive language using longer sentences with expanding vocabulary, increased level of exchanges with participants, asking and answering more questions, and comprehending multi-step directions.

English Language Development

- Children who are dual language learners will demonstrate progression of understanding of the English language, expressive and receptive, while still nurturing their home language.

Physical Development Goal:

- Children will demonstrate and practice healthy and safe habits, have control of large muscles used for movement, navigation, and balance, and demonstrate control of small muscles for the purposes of manipulating utensils and tool effectively to learn and explore.

Social and Emotional Development Goal:

- Children will participate in small and large group activities, demonstrate problem solving skills, and use life skills and self-control to build and develop positive relationships with others.