

# Head Start & Early Head Start Annual Report to the Public 2018-2019



## Agency Mission

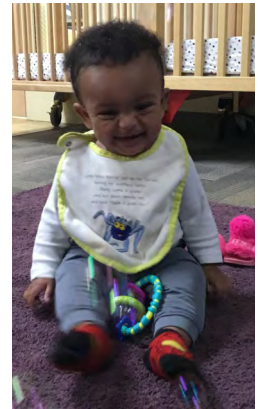
Community Action of Eastern Iowa's mission is to provide education, financial assistance, and child care resources to individuals and families to promote self-sufficiency and quality care for children.

## Head Start Mission

Our program will provide high quality comprehensive early childhood services to qualifying children 0-5 and their families in partnership with our communities to achieve school readiness.

## Locations

We serve children and their families in Cedar, Clinton, Muscatine, and Scott Counties.



11/01/18-06/30/20

## Head Start/Early Head Start Funding

	Approved Budget	Actual Expenses
Personnel	\$3,956,864	\$2,416,805
Fringe Benefits	\$1,483,238	\$844,369
Travel	\$15,186	\$10,161
Equipment	\$8,000	\$0
Supplies	\$695,928	\$569,345
Contractual	\$569,743	\$319,486
Other	\$792,359	\$647,830
Indirect	\$715,776	\$436,997
Total	\$8,237,094	\$5,244,993

### **U.S. Department of Health and Human Services Funding**

- Head Start - \$3,893,818
- Head Start Training - \$69,153
- Early Head Start - \$2,185,509
- Early Head Start Training - \$69,492

### **Child and Adult Care Food Program Reimbursement**

- Year-to-Date Total - \$271,017.08

### **Other Funding that Supports the Program**

- Community Empowerment Areas - \$263,273
- Shared Visions - \$156,842
- United Way - \$35,868
- State-Wide Voluntary Pre-School - \$137,136

### **FINANCIAL AUDIT**

The Independent Auditor's report for the Fiscal Year November 1, 2018 through October 31, 2019 issued an unqualified opinion and reported no audit findings or questioned costs. A copy of the full audit report is available on our website at [www.caeiowa.org](http://www.caeiowa.org)



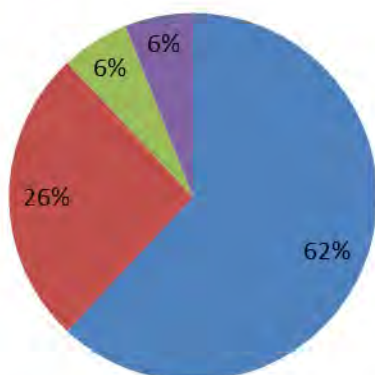
# Children and Families Served

For the 2018-2019 program year, the Head Start Program was fully enrolled at 366 and the Early Head Start Program was fully enrolled at 104. A total number of 586 HS/EHS children were served; representing 500 families served. The program served 58% of the eligible children during the year and finished the year with 343 children on a waiting list.

Families Served	Head Start	Early Head Start
<b>Total</b>	<b>377</b>	<b>123</b>
<b>Two Parent Families</b>	<b>102</b>	<b>30</b>
<b>One Parent Families</b>	<b>275</b>	<b>93</b>

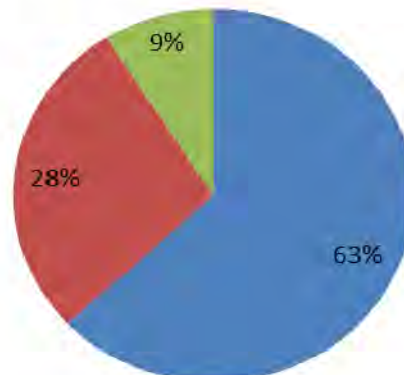
## HS Eligibility

- Income Eligible
- Public Assistance: TANF, SSI
- Foster Child/Homeless
- Over Income



## EHS Eligibility

- Income Eligible
- Public Assistance: TANF, SSI
- Foster Child/Homeless
- Over Income



# Health Services

A child's health is very important to his or her school readiness. Head Start families are connected with a medical home and a dental home in order to provide the family a readily available source of care to support the child's healthy development and well-being. Community Action of Eastern Iowa Head Start staff support families to ensure that children are up-to-date on immunizations, have a current physical exam, and have a current dental exam. Program staff tracks children's progress once referrals are made, and ensure that any necessary follow-up treatment is provided in partnership with the parent. All Head Start children also automatically qualify for free/full meals and snacks provided during the classroom day through the USDA Child and Adult Care Food Program.

Head Start children are offered hearing, vision, oral health, height, weight, blood pressure, and lead and hemoglobin screens. Hearing screens for enrolled children are completed by our Head Start staff in partnership with Mississippi Bend AEA. Vision screens are provided by a partnership with the Lions Club and KidSight of the University of Iowa. Oral health screenings and fluoride varnish are offered to children through our partnerships with the state I-Smile Program and Community Health Care, Inc. dental office. Height and weight assessments are completed by Head Start staff. Blood pressure, lead, and hemoglobin screens are collected in partnership with the Scott County Health Department, county WIC offices, and local physician offices.

	Head Start	Early Head Start
Children up-to-date on a schedule of age-appropriate preventive and primary health care per the state's EPSDT schedule	95%	97%
Children diagnosed as needing medical treatment	13%	14%
Children who received medical treatment	100%	100%
Children with continuous, accessible dental care provided by a dentist	99%	99%
Preschool children completing professional dental exams	86%	N/A
Preschool children needing professional dental treatment	7%	N/A
Preschool children who received dental treatment	48%	N/A
Infants and toddlers who are up-to-date on a schedule of age-appropriate preventive and primary oral health care	N/A	70%
Children who have an IEP/IFSP	9%	9%

# Kindergarten Transition

It is often said parents are a child's first teacher and much of what is learned depends upon the experiences provided by the family. Head Start understands the significant role parents play, and view themselves as partners in the education process. Pre-K classrooms use the Frog Street Pre-K curriculum. Frog Street Pre-K is a comprehensive, research-based program that integrates instruction across developmental domains and early learning disciplines. The curriculum supports the developmental learning domains of language development, social emotional, cognitive, physical development, and approaches to learning. Each day has a unique routine to help promote social emotional skills and calming strategies based on Conscious Discipline.

Each year, a large portion of the Head Start children we serve will move on to kindergarten in the fall. While a transition of any kind is important, the transition to kindergarten and into the formal education system is one of the largest in a young child's life. Head Start has several supports in place to ease this transition for students and their families.

Two (2) conferences and two (2) home visits are completed each year with families. During this time, the staff and family review the child's GOLD Development and Learning Report and engage in a dialogue in order for each to have a clear idea as to how the child is progressing.

Springtime is when most of the local elementary schools hold their annual "Kindergarten Roundup" events. Parents will bring their incoming kindergartener to their local school for an informational event. At this time, the teachers and administration gather informal data on the students who will be coming to their schools in the fall, thereby providing them with a knowledge base of where the students are developmentally. It is a way for the teachers to begin planning for the upcoming year in order to best teach their next class. In the spring, Head Start classrooms hold their annual Kindergarten Transition Meeting. All parents and children of incoming kindergarteners are invited to attend. Dinner is served beforehand and child care is provided for families, courtesy of the Head Start teachers, while parents attend an informational meeting. A current kindergarten teacher is invited to speak to parents, answering any questions they may have. In the spring, all of the Head Starts classrooms will view a short video (15 minutes) called, "Kindergarten, Here I Come!" At the Transition Meeting, the parents also watch the video and discuss how a kindergarten classroom will look different from their child's Head Start classroom, or activities the parents can do at home in order to smooth the transition (especially during the summer months leading up to the first day of school).

During the month of April, the Head Start teacher will submit their own transition plan for the classroom. This may include walking to a kindergarten classroom (if one is nearby or in the same building), role playing cafeteria with trays and artificial food, providing milk cartons during meals instead of milk pitchers, reading books about kindergarten, and having discussions about concerns or thoughts on what kindergarten will be like.

# HS/EHS Child Outcomes

We measure child learning progress three times each year. The baseline assessment provides a starting point, a way to assess the abilities of children at the beginning of the program year. The second reporting period details progress mid-year, and the final assessment shows the progress achieved by the end of the year. Results are used to modify curriculum and instructional approaches.

Birth – 1 yr	Cognitive	Social Emotional	Physical	Language & Literacy	Approaches to Learning
Fall	100%	100%	75%	100%	100%
Winter	100%	99%	86%	96%	98%
Spring	100%	98%	89%	92%	96%

1-2 yr. olds	Cognitive	Social Emotional	Physical	Language & Literacy	Approaches to Learning
Fall	90%	92%	90%	83%	94%
Winter	93%	94%	95%	87%	96%
Spring	91%	93%	87%	85%	93%

2-3 yr. olds	Cognitive	Social Emotional	Physical	Language & Literacy	Approaches to Learning
Fall	90%	89%	92%	86%	89%
Winter	98%	97%	96%	97%	96%
Spring	98%	95%	98%	94%	98%

3 yr. olds	Cognitive	Social Emotional	Physical	Language & Literacy	Approaches to Learning
Fall	71%	82%	82%	77%	89%
Winter	84%	92%	94%	89%	94%
Spring	92%	93%	96%	92%	96%

4 yr. olds	Cognitive	Social Emotional	Physical	Language & Literacy	Approaches to Learning
Fall	65%	68%	85%	70%	77%
Winter	82%	80%	90%	83%	89%
Spring	91%	91%	95%	89%	92%



## Parent Involvement and Volunteers

Head Start and Early Head Start provide many opportunities for parents to be involved in their child's education and recognize parents as partners. Parent involvement in their child's HS/EHS experience enhances the ability of parents and staff to work together to support a child's growth and learning.

Head Start's vision for parent involvement is to create and maintain a family partnership with all Head Start families with goals to:

- Support parents as primary educators, nurturers, and advocates for their child.
- Provide every family with opportunities for significant experience in Head Start.
- Ensure that parents are involved in making policy and program decisions for their HS/EHS Program.

Parents are involved in the classroom through daily activities such as reading a story, tooth brushing, preparing teacher materials, and assisting with meal times and/or classroom food experiences. Several events are scheduled throughout the program year to allow the whole family to participate. Some events include Open house, Fall, Winter, Spring parent/child activities, and end of year transition celebrations.

Parents are also involved in the decision-making process at Head Start and Early Head Start. Each center holds parent meetings at least four times per year to allow parents to discuss and make decisions on plans for their centers. Twenty parents and five community representatives were elected to the 2018-2019 Policy Council. The Policy Council works in partnership with staff and board members of Community Action of Eastern Iowa. Parents are given opportunities to make suggestions and express ideas for program improvements, approve and disapprove decisions for Head Start policies, budgets, hiring of staff, enrollment/eligibility, and program grants, as well as plan activities for families and community involvement.

Being able to assist our families is crucial and we cannot do it alone. We rely on our community partnerships to help us support our families. Our community partnerships not only help our families gain resources they need to complete their goals, but they also volunteer in our classrooms with different events such as the United Way Day of Caring. From August 2, 2018, to August 1, 2019, we had 437 volunteers who volunteered 2805 hours to our program!